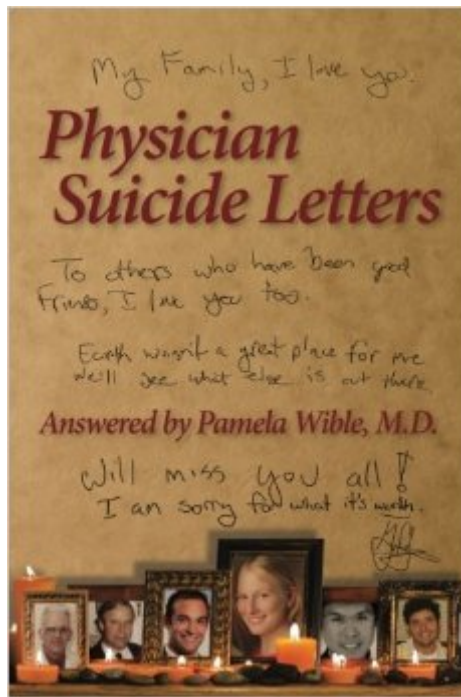


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# Physician Suicide Letters Answered



## Synopsis

In *Physician Suicide Letters--Answered*, Dr. Wible exposes the pervasive and largely hidden medical culture of bullying, hazing, and abuse that claims the lives of countless medical students, doctors, and patients. Now--for the first time released to the public--here are private letters and last words from our doctors who could no longer bear the pain of an abusive medical system. What you don't know about medical training and culture can kill you. Dr. Wible takes you behind the white coat and into the mind, heart, and soul of our doctors--and provides answers. \*\*All book proceeds will be used to humanize our medical education system and help save the lives of suicidal medical students and doctors.\*\*

## Book Information

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## Customer Reviews

Kudos to Dr. Wible for shining a light where there has been none. That nearly earns 5 stars in and of itself. Having read only bits of the book before tonight I was expecting the book, in its entirety, to be less than what it is. I began with Part II. Solutions - read it from start to finish, almost without pause & proceeded to read & finish Part I. This book in total is greater than the sum of its parts. Physicians in many different circumstances and stages of their careers are represented. Many in medicine suffering the negative effects of a profession ruled from the top by varying degrees of sadistic Medical Boards will find a physician in the book who is like her/himself. The letters, save 1 or 2, are letters about suicide; they are not actually "Suicide Letters". On their own they are powerful & would be more so without the answers Dr. Wible provided. The author's understanding of what the writers are going through seems shallow, the easy-breezy equivalent of a Get Well Soon card. Dr.

Wible suggested to one: "Get a massage, get a puppy..."? That advice made me cringe; for anyone who has suffered or is suffering from depression, a puppy is another burden and finding a good massage therapist could prove to be an overwhelming demand. Dr. Wible's gift is her energetic determination to expose a formerly taboo subject to the light of day and to provide a hub for doctors and med students to find each other and talk openly. Her Achilles heel is revealed in responses that have a simplistic, condescending tone. The responses feel disingenuous.

Full disclosure -- I am a second-year resident in a family medicine residency in the Northeast, and I had the amazing, once-in-a-lifetime opportunity to serve as an editor for Dr. Wible's original manuscript. I was unpaid, but when she asked if I'd be willing to help, I jumped at the chance. This topic is so vitally important and so under-addressed. The public has a very limited concept of what goes into medical education and post-graduate training, as well as the demands that continue to be placed on the shoulders of our physicians. I am blessed to be in one of the best programs in the country, where my needs -- professional, educational, and personal -- are always taken into consideration and my feedback is received with sincerity. I could not be more fortunate nor grateful. I am the exception, however. There are thousands of US medical graduates every year who do not match into a residency program and are left with a quarter-million piece of paper and nothing they can do with it. Too many of these beautiful souls lose hope and decide that suicide is a better alternative than living with crippling debt and the disappointment of feeling that they have failed their families, themselves, their dreams, aspirations, and goals. Other physicians who have been practicing for years in an abusive, demanding, thankless system become worn out and feel that they just can't keep treading water anymore. They, too, feel that they have failed themselves, their families, and their patients. How does this happen? How are these complaints even legal? Are doctors being too sensitive and whiny? Don't physicians make, like, a gazillion dollars a year? What could they \*possibly\* have to complain about? Dr.

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